

Facial oil recipes for oily skin



Four simple blends. Each recipe makes 100 g. All ingredients are weighed.

OILY SKIN #1

Everyday Oiliness

For skin that becomes shiny through the day, without much dryness or frequent blemishes.

Hazelnut Oil: 39.75 g

Jojoba: 30 g

Thistle Oil: 30 g

Rosemary Antioxidant: 0.25 g

Total: 100 g

OILY SKIN #2

Congestion and Occasional Blemishes

When blocked pores and the occasional spot are your main concern.

Thistle Oil: 44.75 g

Jojoba: 25 g

Hazelnut Oil: 20 g

Kiwi Seed Oil: 10 g

Rosemary Antioxidant: 0.25 g

Total: 100 g

OILY SKIN #3

Oily but Uncomfortable

For skin that feels tight or dry despite the shine. Give the uncomfortable areas a little more care.

Thistle Oil: 39.75 g

Jojoba: 35 g

Kiwi Seed Oil: 15 g

Borage Oil: 10 g

Rosemary Antioxidant: 0.25 g

Total: 100 g

OILY SKIN #4

Mature Combination Skin

For an oily forehead, nose or chin alongside cheeks that increasingly need more care.

Jojoba: 39.75 g

Hazelnut Oil: 30 g

Rosehip Seed Oil: 20 g

Borage Oil: 10 g

Rosemary Antioxidant: 0.25 g

Total: 100 g

Make, use & store

Make: Use clean, completely dry equipment and scales that accurately weigh 0.25 g. Weigh the oils, add the antioxidant and stir thoroughly. Bottle and label with ingredients, blend number and date. No heating needed.

Use: Apply sparingly to slightly damp skin or over moisturiser. Use less on oily areas. Try a small area first; stop if irritation or congestion increases. Avoid cuts. Blends #1, #2 and #4 contain Hazelnut Oil: avoid with hazelnut allergy.

Store: Keep tightly closed, cool and away from sunlight. Keep water out. Freshness depends on your starting oils and storage. Discard if the smell becomes stale or rancid.

Antioxidant: The 0.25 g refers to the Rosemary Antioxidant extract used in these recipes. Check supplier guidance for your product. This is not Rosemary Essential Oil or an antimicrobial preservative. Do not add watery ingredients.